

52 WAYS TO H₂O

I PLEDGE TO TAKE 52 ACTIONS TO PROTECT MY WATER

<p>01 ■ </p> <p>52 new ways launch—Share on Social Media.</p>	<p>02 ■</p> <p>Big celebrations usually mean big mess. After you are done celebrating the 4th of July, participate in a beach, river, creek or bay clean-up on July 5th!</p>	<p>03 ■</p> <p>Take your car to a car wash instead of washing in the street.</p>	<p>04 ■ </p> <p>Turn off the water when brushing your teeth. Leaving the water on while brushing your teeth could waste up to four gallons of water.</p>
<p>05 ■ </p> <p>Pack on-the-go reusable. When headed out to the beach, avoid bringing items like single-use plastics or anything at all that can become litter.</p>	<p>06 ■ </p> <p>Wear eco-friendly, mineral-based sunscreens. Mineral-based sunscreens are safer for the environment and coral reefs.</p>	<p>07 ■</p> <p>Replace outdated faucets with WaterSense-certified faucets. These water-wise faucets meet water-efficiency and performance criteria established by the EPA.</p>	<p>08 ■ </p> <p>Get involved. Sign up on our youth platform to connect with other water guardians, gather and share ideas, explore questions, and collaborate on ways to protect our waterways.</p>
<p>09 ■ </p> <p>Count the number of single-use plastic items you use this week.</p>	<p>10 ■ </p> <p>Try to use half as many single-use plastic items as last week.</p>	<p>11 ■ </p> <p>Celebrate World Rivers Day on Sept. 25th by participating in a river clean up.</p>	<p>12 ■</p> <p>Take an unwanted item to a licensed drop off zone.</p>
<p>13 ■ </p> <p>Arrange for a free bulky item pick up.</p>	<p>14 ■</p> <p>Get familiar with your local recycling options and guidelines.</p>	<p>15 ■</p> <p>Let the rain water your landscape or garden naturally and skip watering before, during and after a rainy day.</p>	<p>16 ■</p> <p>Sign up for a rebate program. Check with your local government agency for rebate programs and tips on retrofitting your landscape to be more water efficient.</p>
<p>17 ■</p> <p><i>Rebate Incentive:</i> Sign up for San Diego County Landscape Optimization Service. Get personalized assistance to transform unused turf areas in your large, commercial landscape and reduce your water bills.</p>	<p>18 ■ </p> <p>Celebrate America Recycles Day by only using reusable items on November 15.</p>	<p>19 ■ </p> <p>Plant a rain garden. Plant grass or flowers in low or sloped areas of your yard to catch rainwater runoff.</p>	<p>20 ■</p> <p>Take a WaterSmart Landscape class. Join a free educational program to learn how to create a beautiful and sustainable landscape.</p>
<p>21 ■</p> <p><i>Rebate Incentive:</i> Upgrade your irrigation. Get a free audit and upgrade your irrigation system for water and cost savings.</p>	<p>22 ■</p> <p>Reduce waste this holiday by using recycled paper products to wrap your gifts.</p>	<p>23 ■ </p> <p>The next time you go for a hike, bring a trash bag with you to pick up trash you see along the way.</p>	<p>24 ■</p> <p>Find your nearest recycling center for safe disposal of hazardous materials.</p>
<p>25 ■</p> <p>Research what kind of soil suits your plants and helps retain storm water.</p>	<p>26 ■ </p> <p>Use a rain barrel to capture rain water. Make your own rain barrel and capture water next time it rains to water a plant.</p>	<p>27 ■</p> <p>Go bagless. Carry reusable bags for all your holiday shopping.</p>	<p>28 ■</p> <p>Inspect your trash cans this week to make sure they are not overflowing.</p>
<p>29 ■</p> <p>Make your New Year's resolution to take one simple action a week to reduce pollution.</p>	<p>30 ■</p> <p>Feb 2nd is World Wetlands Day. Go visit a local wetland and enjoy the wildlife. Take a photo and tag us in it!</p>	<p>31 ■</p> <p>Keep all household and landscaping items out of the storm drain. Remember, only rain in the storm drain!</p>	<p>32 ■</p> <p>Get a group of neighbors together and adopt a storm drain. Take shifts keeping it clear of debris.</p>
<p>33 ■</p> <p>Educate your neighbors and family about the importance of preventing storm water pollution.</p>	<p>34 ■</p> <p>For yard projects, keep materials in waterproof containers and stored away from potential runoff paths.</p>	<p>35 ■</p> <p>Clean up outdoor spills by sweeping or use absorbent materials, such as flour, instead of water.</p>	<p>36 ■ </p> <p>Have an area of your yard that doesn't have anything growing in it? Work out your green thumb and plant flowers or produce in bare spots in your yard.</p>
<p>37 ■</p> <p>Use Integrated Pest Management (IPM) techniques to control pests. IPM includes the use of beneficial insects, trapping and weeding.</p>	<p>38 ■</p> <p>Use a Landscape Watering Calculator to create a watering schedule based on your zip code, soil, and sprinkler type in your irrigation zone.</p>	<p>39 ■</p> <p>Place yard trimmings, such as leaves, weeds and grass cuttings in your trash or yard waste bin.</p>	<p>40 ■</p> <p>Make sure to place all trash and litter in covered trash and recycling bins.</p>
<p>41 ■ </p> <p>Celebrate Earth Day by participating in a beach or river clean-up.</p>	<p>42 ■</p> <p>Use compost in your garden to conserve moisture, reduce runoff and to support ongoing vegetation.</p>	<p>43 ■</p> <p>Spring cleaning time! Opt for cleaning products that are biodegradable, or use phosphate-free detergents.</p>	<p>44 ■ </p> <p>Spring cleaning time! Donate a usable item to charity.</p>
<p>45 ■</p> <p>Plant trees in your yard to prevent runoff.</p>	<p>46 ■</p> <p>Use a broom – not a hose – to clean up sediment and debris.</p>	<p>47 ■</p> <p>Avoid waste and use cutlery that you can wash and reuse.</p>	<p>48 ■</p> <p>Clean up after your pets! Pet waste is a major source of bacteria and high levels of nutrients in our waterways, which can lead to toxic Harmful Algae Blooms in both inland and coastal waters.</p>
<p>49 ■</p> <p>Bathe your pet in a sink or tub; water from sinks and tubs go into the sewer system where it gets treated.</p>	<p>50 ■</p> <p>Dispose flea medication properly. Flea products, such as shampoo, medication, or collars, contain harmful chemicals that can contaminate our waterways.</p>	<p>51 ■</p> <p>Drink your morning coffee or other beverage in a reusable cup.</p>	<p>52 ■</p> <p>Congratulations on committing to small actions every week to prevent pollution! Take the pledge again.</p>

Pledge to take one action each week to protect your waterways.
projectcleanwater.org/52

 Youth friendly

